



Sign up for important updates from Mrs. Kaplan.

Get information for **Casteel High School** right on your phone—not on handouts.

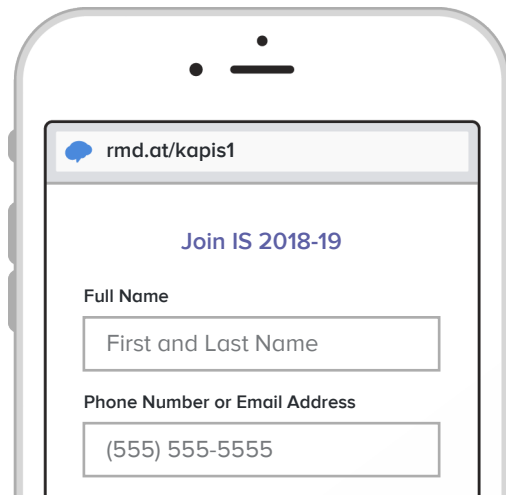
Pick a way to receive messages for **IS 2018-19**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/kapis1

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

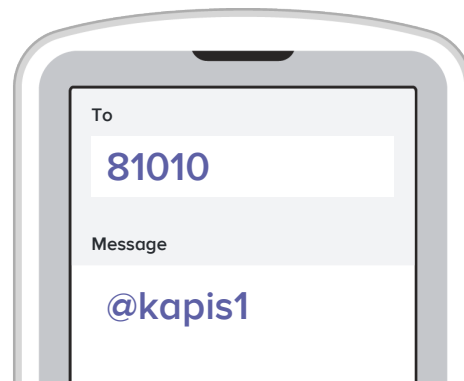


B If you don't have a smartphone, get text notifications.

Text the message **@kapis1** to the number **81010**.

If you're having trouble with **81010**, try texting **@kapis1** to **(757) 325-9435**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/kapis1 on a desktop computer to sign up for email notifications.